

Namibia

2004 Fact Sheet



The **2004 Namibia GSHS** measured hygiene; unintentional injuries and violence; mental health; tobacco use; alcohol and other drug use; sexual behaviors; physical activity; and protective factors.

The 2004 Namibia GSHS was a school-based survey of students aged 13-15 years. A two-stage cluster sample design was used to produce representative data for 13-15 year old students in Namibia. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 95%, the student response rate was 86%, and the overall response rate was 82%. A total of 6,367 students participated in the Namibia GSHS.

Results for students aged 13-15 years	Total	Boys	Girls
Hygiene			
Percentage of students who did not clean or brush their teeth during the past 30 days	8.0 ± 1.7	10.0 ± 2.4	6.3 ± 2.0
Percentage of students who never or rarely washed their hands before eating during the past 30 days	6.8 ± 1.1	7.1 ± 2.0	6.2 ± 1.3
Unintentional Injuries and Violence			
Percentage of students who were in a physical fight one or more times during the past 12 months	50.3 ± 2.8	57.7 ± 2.6	44.5 ± 4.1
Percentage of students who were seriously injured one or more times during the past 12 months	60.2 ± 4.3	66.6 ± 4.0	54.9 ± 5.3
Percentage of students who were bullied on one or more days during the past 30 days	51.8 ± 3.6	56.5 ± 3.5	47.8 ± 4.5
Mental Health			
Percentage of students who felt lonely most of the time or always during the past 12 months	11.3 ± 0.9	9.7 ± 1.7	12.7 ± 1.3
Percentage of students who have no close friends	15.7 ± 1.9	15.6 ± 1.9	15.8 ± 2.5
Tobacco Use			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	16.1 ± 2.6	18.2 ± 3.5	14.2 ± 2.9
Percentage of students who used any other form of tobacco, such as snuff, prium (chewing tobacco), or tobacco leaves (BB, springbok, or black and white) on one or more of the past 30 days	31.8 ± 4.5	33.5 ± 5.6	30.1 ± 4.9
Percentage of students who reported people smoking in their presence on one or more of the past seven days	60.3 ± 3.2	60.4 ± 3.3	60.0 ± 4.1
Alcohol and Other Drug Use			
Percentage of students who drank alcohol on one or more of the past 30 days	32.8 ± 3.2	35.0 ± 4.0	30.9 ± 3.3
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	31.8 ± 2.4	35.4 ± 2.0	28.9 ± 3.0
Percentage of students who had a hang-over, felt sick, got into trouble with family or friends, missed school, or got into fights, as a result of drinking alcohol one or more times during their life	30.0 ± 2.6	32.2 ± 3.6	28.2 ± 2.3



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Results for students aged 13-15 years	Total	Boys	Girls
Alcohol and Other Drug Use			
Percentage of students who used drugs, such as marijuana or dagga, cocaine or pi, or ecstasy one or more times during their life	28.8 ± 4.5	31.3 ± 5.5	26.6 ± 4.7
Sexual Behaviors			
Percentage of students who have ever had sexual intercourse	26.2 ± 4.4	37.9 ± 6.4	18.8 ± 5.3
Percentage of students who have had sexual intercourse with two or more people during their life time	13.6 ± 2.1	20.4 ± 3.6	8.9 ± 2.0
Of students who had sexual intercourse during the past 12 months, the percentage who used a condom the last time they had sexual intercourse	47.6 ± 10.2	51.5 ± 14.6	41.9 ± 15.3
Physical Activity			
Percentage of students who were physically active all seven days for a total of at least 60 minutes per day during the past seven days	9.9 ± 2.0	10.2 ± 2.1	9.7 ± 2.2
Percentage of students who spent three or more hours per day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities, such as playing dominoes, cards, or gambling with dice during a typical or usual day	31.0 ± 2.0	29.6 ± 2.9	31.8 ± 2.6
Protective Factors			
Percentage of students who missed classes or school without permission on one or more of the past 30 days	40.1 ± 3.2	41.6 ± 4.1	38.7 ± 3.6
Percentage of students who reported that most of the students in their school were kind and helpful most of the time or always during the past 30 days	28.7 ± 2.0	26.6 ± 2.3	29.9 ± 2.8
Percentage of students whose parents or guardians knew what they were doing with their free time most of the time or always during the past 30 days	32.4 ± 2.3	30.5 ± 3.6	33.8 ± 2.8
Percentage of students who reported that most of the students in their school were kind and helpful most of the time or always during the past 30 days	27.3 ± 3.5	25.1 ± 4.1	29.1 ± 4.3
Percentage of students whose parents or guardians knew what they were doing with their free time most of the time or always during the past 30 days	35.5 ± 4.4	33.5 ± 5.7	36.9 ± 5.3

For Additional Information, please contact:

Dr. Kornelia K. Abraham, School and Adolescent Health Program Manager
Ministry of Health and Social Services, Windhoek, Namibia, sahp@mhss.gov.na